Written Questionnaire Physiotherapists

Evaluation of the familiarity and compliance with the guidelines for acute ankle sprain (translated from Dutch)

eAddendum
Appendix 2
Copyright © 2006 Australian Journal of Physiotherapy
**Instruction**

In this questionnaire, most questions can be answered by marking the right answer. For some questions multiple answers are possible, which is specifically indicated. For some questions, illumination is requested at the dotted lines.

Right or wrong answers do not exist. We are interested in your own opinion.

Would you please be so kind to send the questionnaire back to the NIVEL, within 2 weeks from receipt. You can use the addressed envelope. Stamps are not required.

For questions you can call the NIVEL (030-2729700)

Thank you very much for your cooperation.

Hannelore Hofhuis and Marieke Plas
Could you please mark the (most) applicable answer?

1. Gender and age
   - man
   - woman
   - year of birth 19..

2. In what practice are you working (how many hours) and how many colleagues do you have? (multiple answers possible)
   - hospital …hours with ….colleagues
   - nursing home/rest home …hours with ….colleagues
   - rehabilitation centre …hours with ….colleagues
   - private practice …hours with ….colleagues
   - home care …hours with ….colleagues
   - college …hours with ….colleagues
   - industry …hours with ….colleagues

3. Are you a member of the KNGF?
   - yes
   - no

4. How many years have you been working since your graduation?
   …years

5. Are (national or local) guidelines being used at your practice/department?
   - yes
   - no

   5b. If you are work according to national guidelines, which guidelines are these?

   ……………
   ……………

6. How do keep abreast of new developments in your professional field? (multiple answers possible)
   - professional journals
   - congress/conferences
   - courses
   - informal contact with colleagues
   - formal contact with colleagues (peer groups)
   - otherwise, namely….
7. Do you participate in any activities related to the ‘development of quality of care’? (multiple answers possible)

- no
- yes, I participate in peer review
- yes, I participate in a study group, namely……...
- otherwise, namely……………….

In 1998, the guidelines for acute ankle sprains were published by the KNGF. The next questions concern these guidelines.

8. Are you aware of the existence of the guidelines for acute ankle sprain?

- yes
- no (go to question 36)

9. How do you know of the existence of these guidelines? (multiple answers possible)

- article in professional journal
- department manager
- colleagues
- written information from KNGF
- education
- congress
- otherwise, namely……………….

10. Do you possess the guidelines for acute ankle sprain?

- yes
- no

11. Do you treat patients with acute ankle sprains?

- yes
- no (go to question 36)

12. How many patients with acute ankle sprains do you treat yearly?

………..patients

13. Do you know the content of the guidelines?

- yes, entirely
- yes, roughly
- no (go to question 34)
14. Do you treat patients with acute ankle sprains according to the guidelines?

- yes, always
- yes, more than 90% of the patients
- yes, 50-90% of the patients
- yes, 10-50% of the patients
- yes, less than 10% of the patients
- never

The guidelines for acute ankle sprain consist of two parts: an extensive version (including justification and explanation) and a short version (A4 format).

15. Do you use the extensive version of the guidelines or the short version?

<table>
<thead>
<tr>
<th>Extensive version</th>
<th>Always</th>
<th>mostly</th>
<th>sometimes</th>
<th>never</th>
</tr>
</thead>
<tbody>
<tr>
<td>Short version</td>
<td>.....</td>
<td>.....</td>
<td>.....</td>
<td>.....</td>
</tr>
</tbody>
</table>

16. Some specific clinical recommendations are given in the guidelines. Do you comply with these specific recommendations?

- no passive stress tests for determining exact location and severity □ □ □
- determining the prognosis by using the function score □ □ □
- physiotherapeutic treatment from function score ≤ 40 □ □ □
- restraint towards the application of electrophysical modalities □ □ □
- tape or apply a brace in the proliferation phase if swelling is sufficiently decreased □ □ □

17. Do you think the guidelines are a contribution to your knowledge?

- yes, a large contribution
- yes, a small contribution
- no

18. Are the recommendations in the guidelines compatible with your own treatment procedures?

- yes
- partly
- no
19. Do you think the guidelines are clear?

- yes, completely clear
- somewhat clear
- not clear at all

20. Do you think that specific education is necessary in order to apply the guidelines?

- yes
- no
- no opinion

21. Did you participate in specific educational activities in order to understand the guidelines? (multiple answers possible)

- no
- yes, workshop
- yes, discussion in peer groups
- yes, discussion with colleagues
- yes, presentation on congress
- yes, filled in a knowledge test
- otherwise, namely…..

22. What do you think of the clarity of the following aspects of the guidelines?

<table>
<thead>
<tr>
<th>Fully clear</th>
<th>somewhat clear</th>
<th>unclear</th>
</tr>
</thead>
<tbody>
<tr>
<td>purpose of the guidelines</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>disorder for which the guidelines are meant</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>recommendations in the guidelines</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>determination of the prognosis according to the function score</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>improvement of health as a result of treatment</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>disadvantages or risks as a result of treatment</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>when to deviate from the guidelines</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>use of language in the guidelines</td>
<td>□</td>
<td>□</td>
</tr>
</tbody>
</table>
23. Do you, in general, agree with the content of the guidelines?

- fully agree
- largely agree
- largely disagree
- fully disagree

24. What is your opinion about the following aspects of the extensive version of the guidelines?

<table>
<thead>
<tr>
<th></th>
<th>Too long</th>
<th>sufficient</th>
<th>too short</th>
</tr>
</thead>
<tbody>
<tr>
<td>Length</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Good</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>moderate</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>bad</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
</tbody>
</table>

25. What is your opinion about the following aspects of the short version of the guidelines?

<table>
<thead>
<tr>
<th></th>
<th>Too long</th>
<th>sufficient</th>
<th>too short</th>
</tr>
</thead>
<tbody>
<tr>
<td>Length</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Good</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>moderate</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>bad</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
</tbody>
</table>

26. Do you use the guide for peer review?

- yes
- sometimes
- no (go to question 28)

27. How do you use the guide for peer reviews? (multiple answers possible)

- in a peer group
- in discussion with colleagues
- as individual knowledge test
- otherwise, namely........

28. Do you use the knowledge test?

- yes
- sometimes
- no (go to question 30)
29. How do you use the knowledge test? (multiple answers possible)

- as a individual knowledge test
- as a checklist for treating some patients with acute ankle sprain
- as a checklist for treating all patients with acute ankle sprain
- otherwise, namely………

30. What are, in your opinion, the advantages of using the guidelines? (multiple answers possible)

- clear recommendations
- guarantees quality of care
- national agreement on treatment
- none
- otherwise, namely…………

31. What are, in your opinion, the disadvantages of using the guidelines? (multiple answers possible)

- leaves little opportunity for individual therapeutic contribution
- recommendations are incompatible with own professional activities
- do not agree with all given recommendations
- time consuming
- none
- otherwise, namely……

32. How are, in your opinion, the advantages related to the disadvantages? (multiple answers possible)

- only advantages
- more advantages than disadvantages
- just as much advantages as disadvantages
- more disadvantages than advantages
- only disadvantages

33. What do you think about the future concerning your compliance to the guidelines?

- I will use the guidelines as much as I am doing now
- I am going to use the guidelines more often from now
- I am going to use the guidelines less often from now

34. Do you know colleagues who use the guidelines?

- yes
- no
- I don’t know (go to question 36)
35. Is your opinion about the guidelines for acute ankle sprain influenced by the experiences of colleagues using these guidelines?

- yes, in a positive way
- yes, in a negative way
- no
- I don’t know

36. Finally, we would like to ask your agreement with a number of statements about guidelines in general, according to the following scoring system:

1. fully agree
2. agree
3. partly agree, partly disagree
4. disagree
5. fully disagree

<table>
<thead>
<tr>
<th>Statement</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Guidelines should not become obligatory</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Guidelines are important to get physiotherapists working along the same lines</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Guidelines give a basis for daily work</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Guidelines force the physiotherapist into a straightjacket</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Guidelines contribute to the guarantee of quality of care</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Patients are too different for uniform guidelines to be used</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Guidelines are the responsibility of the professional group</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>The KNGF has the competence to set guidelines</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Guidelines contribute to working efficiently and cost consciously</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Guidelines are seldom feasible in local situations</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Thank you very much for filling in this questionnaire
Telephone Questionnaire Physiotherapists

Evaluation of the familiarity and compliance with the guidelines for acute ankle sprain
(translated from Dutch)
**Introduction:**
In March, you received a questionnaire concerning familiarity with and the use of guidelines, particularly the guidelines for acute ankle sprain. In April we sent you a reminder. However, up till now we have received no filled in questionnaire from you.

In this short phone call we would like to ask you why you did not return the questionnaire. We would also like to ask you some other questions, to see whether the group of physiotherapists who didn’t return the written questionnaire differs from the group who did return the questionnaire.

Are you willing to participate in this short telephone interview?
1. Gender and age
   - man
   - woman
   year of birth 19..

2. Which of the following reasons apply to you for not sending back the questionnaire?
   - no time
   - I am not interested in guidelines
   - I disagree with the use of guidelines
   - I am not interested in the guidelines for acute ankle sprain
   - I don’t know
   - otherwise, namely…………

3. Are you a member of the KNGF?
   - yes
   - no

4. Are you aware of the existence of the guidelines for acute ankle sprain?
   - yes
   - no

5. Do you treat patients with acute ankle sprains?
   - yes
   - no

6. Do you know the content of the guidelines?
   - yes, entirely
   - yes, roughly
   - no

7. Do you treat patients with acute ankle sprains according to the guidelines?
   - yes, always
   - yes, more than 90% of the patients
   - yes, 50-90% of the patients
   - yes, 10-50% of the patients
   - yes, less than 10% of the patients
   - never

Thank you very much for your co-operation!