# 2013 Appraisal Index

To assist clinicians looking for authoritative assistance with clinical problems, the journal publishes an annual index of content from the most recent two years of Appraisal pages. This index includes content from Volumes 58 and 59 of *Journal of Physiotherapy*. Content is indexed under the PEDro codes: subdiscipline, intervention, problem, and body part. It is identified by Appraisal section and Volume and page number. Some content is indexed under more than one code.

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Exercise programs for patients with cancer improve physical functioning and quality of life

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A physiotherapy telephone assessment and advice service for patients with musculoskeletal problems can improve the process of care while maintaining clinical effectiveness

Reconstruction surgery is not always necessary for active young people who rupture their anterior cruciate ligament

No difference in functional outcomes between surgery and physiotherapy for symptomatic patients with a meniscal tear and knee osteoarthritis

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Group task-specific circuit training for patients discharged home after stroke may be as effective as individualised physiotherapy in improving mobility

Tai Chi training is effective in reducing balance impairments and falls in patients with Parkinson’s disease

Repetitive transcranial magnetic stimulations combined with treadmill training can modulate corticomotor inhibition and improve walking performance in people with Parkinson’s disease

Repetitive facilitative exercise improves upper limb function in patients with subacute stroke

Body-weight supported treadmill training improves cardiovascular fitness and walking endurance early after stroke

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A specific exercise program for patients with subacromial impingement syndrome can improve function and reduce the need for surgery

Daily use of a cane for two months reduced pain and improved function in patients with knee osteoarthritis

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